

THE RCPUC WEEKLY CHRONICLE RAMAIAH PRE-UNIVERSITY COLLEGE

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RESEARCH PROJECT ON WOMEN HEALTH AND FEMININE HYGIENE



Dr Shalini interaction with students

WHAT'S NEW AT RAMAIAH

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An awareness program on "FEMININE HYGIENE" was conducted by MSR INTERNATIONAL MEDICAL SCIENCE on May 9th, 2023. The program aimed to enrich understanding of menstrual hygiene and raise awareness among students and faculty members alike.

There was a research project related to the agenda of menstruation and menstrual practices, which are still clouded by socio-cultural restrictions. These restrictions result in adolescent girls remaining ignorant of the scientific facts and hygienic health practices, which can sometimes result in adverse health outcomes.

Menstruation is a significant part of life for millions of young girls and women worldwide. The program sought to bridge the knowledge gap surrounding menstrual hygiene, tackling the prevailing societal silence. In numerous cultures, menstruation remains a hushed topic, leaving adolescent girls misinformed about proper practices and health implications. This lack of awareness can result in detrimental consequences for their well-being. By conducting such awareness initiatives, the initiative aimed to empower young girls with accurate information about their bodies and provide them with the tools to maintain good menstrual hygiene.

The average woman experiences around 3,000 days of menstruation. Yet, the needs and challenges that countless young women and girls encounter while managing their menstrual hygiene often remain disregarded, particularly in developing nations. This persists despite advancements in hygiene and sanitation in recent years.

In a world where education is the key to progress, shedding light on menstrual hygiene is a crucial step towards breaking down taboos and promoting better health practices for young women. Initiatives like these contribute to a brighter, healthier future for girls, granting them the dignity, knowledge, and agency they deserve.



Students involved in interaction

Under the patronage of Dr. Shalini S, Associate Dean of MSU International Medical School, MSR Nagar Bangalore, Initiated by Principal Flt Lt Sunita Dixit (Retd), the event aimed to enlighten students, encouraging open dialogue about this essential topic. Notably, NRI students from Malaysia are also engaged in a research project centred on menstrual hygiene.

The program garnered participation from approximately 150 students, alongside faculty members and representatives from MSR International Medical Sciences. Dr. Shalini S, a medical practitioner, delivered an engaging and informative discourse. Her presentation emphasized the significance of healthcare and hygiene, particularly for women in their daily lives. Notably, she discussed the essential role of maintaining hygiene. Additionally, students were provided with questionnaires related to women's health and hygiene, contributing to their project.

Admission Process Commences at RCPUC



Following the announcement of SSLC exam results, RCPUC experienced a notable surge in student applications. In May, the college bustled with 1st PUC admissions. The process involved several steps, with distinct roles for staff members. Teachers distributed application forms, guided parents and students in form-filling, addressed queries regarding admissions, fees, subject combinations, and provided orientation about the college and course details.



An online test was administered to all students, without considering their percentages, to ensure a fair and equal opportunity for everyone.





Teachers involved in collecting documents and involved in document verification

The final stage of the admission process involved document collection. Fee payment was exclusively conducted through online methods, eliminating cash transactions. Subsequent to payment, document verification was carried out by designated teachers.



Drawn by Mrs Amrutha Lecturer Biology Department

Upon concluding the admission process, an informative image served as a one-stop solution for students and parents. Queries about the college start date and provided amenities were addressed through this visual aid. Compiled by