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AIKHYAM-The Annual Sports Meet of RCPUC



WHAT'S NEW AT RCPUC

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The Annual Sports Meet of RCPUC was held on 19th October 2023 at Ramaiah Sports Ground. The event unfolded with exuberance and fervor, showcasing the vibrant spirit of sportsmanship among students. The event commenced at 10.30 a.m., under the able guidance of the college Principal Flt Lt (Mrs)Sunita Dixit(Retd) with an impressive opening ceremony. The RCPUC Annual Sports Meet received an inspiring and motivational boost with distinguished presence of esteemed Chief Guest Shri Raju.N, Deputy Director, Department of School Education(Pre-University),Bangalore North District and Shri G Ramachandra, Chief of Finance (GEF). The event geared up by Ramaiah Anthem followed by lighting the lamp. The proud State and National level players of RCPUC chosen as torchbearers, carried flame to light the official sports day torch, marking the commencement of festivities. Chief Guest Shri Raju N. started his speech by expressing gratitude for the warm welcome and acknowledging the privilege of being a part of the event that celebrates both physical power and the holistic development of the students. The speech touched upon the intrinsic values of sports beyond the field, emphasizing the life lessons that participation in sports

instills. Shri G Ramachandra, Chief of Finance(GEF), in his speech, highlighted the importance of discipline, teamwork and leadership that can gain from their sporting endeavors, underscoring the idea that these qualities extend far beyond the playing arena. He also stressed upon the importance of physical fitness among adolescents to build not only strong body but also to reduce symptoms of anxiety and depression in order to build stronger mind.



The highlight of the day was the march-past, where the four teams ; Takshashila, Panchashila, Nalanda and Vikramshila, adorned in their college uniforms, paraded with pride. The rhythmic beats of the college band added to the spectacle as participants, led by the flagbearer, displayed discipline and unity.

The special attraction of the day was the mesmerizing yoga display, organized with grace and precision, the event aimed to showcase the profound benefits of yoga and to promote holistic well-being among the students. Yoga enthusiastic students from various classes participated in presenting series of yoga postures including Suryanamaskara and other yoga postures. The soothing background music added color to the event. After which an electrifying dance performance where in the synchronization, fluid movements and energetic expressions captivated the audience effectively.



Various Athletic competitions, including 100 mts, 200 mts, 4*100 mts relay, showcased the dedication and skill of the participants. Awards were distributed across multiple categories like football, long jump, high jump, shot put ,javelin throw, throw ball, volley ball, chess, badminton etc ,recognizing individual and team achievements. Each awardee was acknowledged for their hard work and dedication, receiving not only trophies but also admiration and applause of the audience. These awards also included individual championship awards which were bagged by C. Mukhil (2nd PCMB) and Diya T. Joshi (2nd CSBA). Also to add a touch of entertainment, Tug of war competition was held for teaching and nonteaching staff soon after the delicious lunch.





The Sports Day program was a resounding success, providing a platform for students to showcase their talents, promote physical well-being and strengthen the sense of community within the college.

Dussehra celebrations at RCPUC

The vibrant festival of Dussehra, Ayudha Pooja was celebrated on 21st October at RCPUC. The festivities commenced with Sarasvati Pooja at college Library were traditional rituals and prayers performed by Mr.Balaji.K , Dept. of commerce. The principal and all the staff members gathered to seek blessings of the divine for the tools, lab equipment of various departments. Wishing a successful year to all the departments, the Principal Flt Lt (Mrs)Sunita Dixit(Retd)distributed sweets to all staff members and the extra sweets were distributed at an Orphanage nearby.



Compiled by

Mrs. Aruna, Dept of Mathematics