



PRAKHAR PRAGYA



THE RCPUC WEEKLY CHRONICLE RAMAIAH PRE-UNIVERSITY COLLEGE

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STATE LEVEL TABLE TENNIS MATCH



RCPUC Student Shreya R Nayak received the Runner-up Trophy

WHAT'S NEW AT RAMAIAH

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PRAKHAR PRAGYA THE RCPUC WEEKLY CHRONICLE

The State Level Table Tennis tournament was conducted at Bidar from 20th to 22nd Nov, 2023. Shreya represented the Bangalore-North team. Shreya successfully completed first two rounds and also won semi-final round against Udupi district. She gave a tough fight to the opponent team in the final round. It was a great experience and the motivated her to train harder to win in the coming years.

MILLET FEST CHART MAKING



Best Participant group of Millet Chart Making competition

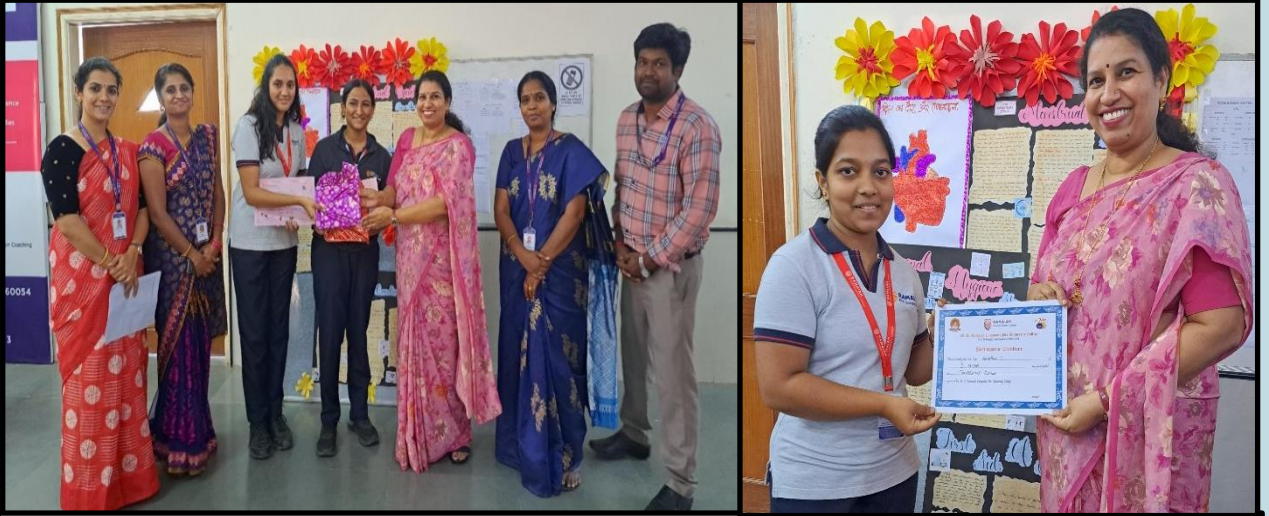


Glimpse of millet fest

On the account of year of millet-2023, RCPUC conducted Millet Festival. Chart Making Competition was held on 25th of November 2023. The event was a brilliant step towards promoting the benefits of millets and foods which can be prepared by using millets are one of the oldest foods known to humans and possibly the first among cereal grains to be cultivated for domestic purpose.

The Fest consisted of four groups, 2 students in each group. All other groups and students interacted with each other to know the importance and health benefits of millets. Finally the competition concluded with the distribution of certificates for all the participants and gifts for the best participant group, which was won by Gajendra of II PCMC and Manumitha of II PCMB.

INDIAN TRADITIONAL GAMES



Best Participant group of Traditional Games Activity



Student Tejal Das of I MEBA is explaining about Snake and Ladder game

On the account of year of millet-2023, RCPUC conducted one more activity i.e. Indian Traditional Games on 25th of November 2023. Traditional game is structured playing, undertaken for enjoyment and educational purposes, it is characterized by rules, challenge and interaction. Traditional games are those games within a society that people have played for many years.

It consisted of four groups, 2 students in each group. All other groups and students interacted with each other to know the history and moral of traditional games. this event was a good platform where students who have participated learnt about the Indian traditional games and its importance. it was very interactive and joyful. Finally the competition concluded with the distribution of certificates for all the participants and gifts for the best participant group, which was won by Charitha and Lucky of II MEBA.

AWARENESS PROGRAMME



Team of the Volunteers and Staff with the Guests for the Awareness Program

On 25th of November 2023, Disaster management team organized “Awareness program on personal hygiene and mensural cycle and first aid on cardiac arrest”. The program started with the lighting of the lamp and followed by inaugurating the First Aid Kit by our dear Principal and esteemed Chief Guest. The program started with an amazing speech given by Dr. Shalini Nooyi, Principal of Ramaiah Medical College, about health care and also the importance of sleep and exercise. Guest Mrs. Rajashree S gave a speech on Cardiac Arrest, CPR, CAB and how to carry on the process with the live demonstration. The program was extremely invoking and knowledgeable for the Students.



Inauguration of First Aid kit by our Principal and Chief Guest